

Week 7 Term 2, 2019
06-06-19

Hello to all of our Little Explorers and their explorer guides.
This week you will have a guest co-ordinator. Come along on Thursday to see who it is.

Our learning games highlight feelings and emotions words.

Learning game 85 "Happy Face, Sad Face" helps children aged between 2 and 3 years of age learn to express themselves and to use words in place of actions.

Learning Game 106 "Seeing Feelings" helps children between 3 and 4 years of age learn to talk about feelings and to recognise feelings in others.

Learning Game 176 "Show Me How it Feels" helps children between 5 and 5 years of age learn the names of feelings. It also helps them to show feelings and to recognise feelings in other people.

At the collage table you can make a paper plate puppet and use both sides of the plate to show a different emotion, e.g. one side might show a surprised face, the other side might show a tired face.

In the sandpit you might talk about how disappointed you were when your sandcastle toppled over, and how happy you are when it stays stuck together.

At the tricycles, you can use happy words to thank the person who had a turn before you for letting you have the next turn.

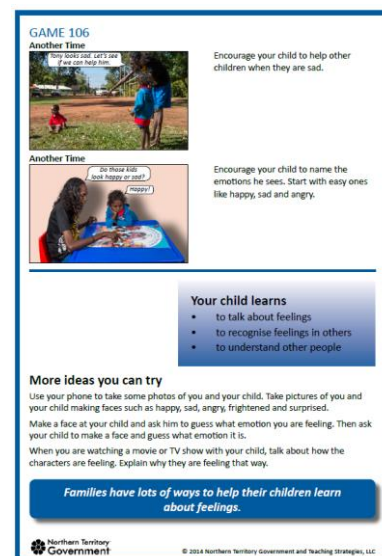
Now, to use some sad words, and some grateful words. Last week was Kelly's last day of volunteering with us. We have really appreciated her enthusiasm and energy. Thank you Kelly for all of your help.

This means that Jess will be tidying up by herself. If anyone could spare 5 minutes helping her bring the furniture back into the room after snack time, this would be most appreciated. As the classroom is used by other classes during the week, Jess will be able to tell you where we stack everything so that our furniture does not interfere with these classes' activities. Thank you in anticipation of your help.

Happy playing and talking.
I'll see you next week.

Helen Levitt

Playgroup co-ordinator



GAME 106
Another Time
Encourage your child to help other children when they are sad.

Another Time
Encourage your child to name the emotions he sees. Start with easy ones like happy, sad and angry.

Your child learns

- to talk about feelings
- to recognise feelings in others
- to understand other people

More ideas you can try
Use your phone to take some photos of you and your child. Take pictures of you and your child making faces such as happy, sad, angry, frightened and surprised. Make a face at your child and ask him to guess what emotion you are feeling. Then ask your child to make a face and guess what emotion it is. When you are watching a movie or TV show with your child, talk about how the characters are feeling. Explain why they are feeling that way.

Families have lots of ways to help their children learn about feelings.

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